

Journal of Geography, Environment and Earth Science International

Volume 28, Issue 4, Page 53-66, 2024; Article no.JGEESI.114719 ISSN: 2454-7352

Urban Development in Riyadh: Aligning with Saudi Vision 2030 for Enhanced Quality of Life

Hanadi A. K. Alharbi^{a++*}

^a Department of Social Sciences, College of Arts and Humanities, Taibah University-Medinah, Saudi Arabia..

Author's contribution

The sole author designed, analysed, interpreted and prepared the manuscript.

Article Information

DOI: 10.9734/JGEESI/2024/v28i4764

Open Peer Review History:

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here: https://www.sdiarticle5.com/review-history/114719

Original Research Article

Received: 25/01/2024 Accepted: 29/03/2024 Published: 08/04/2024

ABSTRACT

Saudi Urban Development is on the cards, It has been aligned with Vision 2030, since 2016, it refers to the United Nations agenda crafted to meet the needs not only for the present population, rather it guarantees optimum utilisation of resources and preserving them for future generations. The urban development in Saudi Arabia started with a comprehensive idea for tracking its progress on sustainable urban development. The sustainable urban development should be aligned with the Saudi vision 2030, so that the aim and objectives of the vision 2030 can be achieved and better quality of life in the cities can be provided to the residents. To understand this, there is a dire need to investigate the role of built environment on urban quality of life. Previous researches in this area were scarce, Therefore, there is a need to research the above-mentioned constructs in the context of Saudi vision 2030. The research design is cross sectional and collects the data from the population resides in the city of Riyadh (KSA). Responses (n=705) were collected in order to test the model with built environment as independent and urban quality of life as dependent construct. Being an empirical study, the analysis of measurement and structural model was undertaken. On

++ Assistant Professor;

*Corresponding author: E-mail: HHARBE@taibahu.edu.sa;

J. Geo. Env. Earth Sci. Int., vol. 28, no. 4, pp. 53-66, 2024

the basis of the findings, implications for improving Quality of life through urban planning for better built environments were also presented. The research makes a contribution by suggesting methods for reducing noise, creating aesthetically beautiful structures and public areas according to the requirements and preferences of the locals, and lowering socio-spatial disparities while supporting housing and mobility for disadvantaged groups.

Keywords: SEM; Lisrel 9.00; urban quality of life; comprehensive literature review; built environment.

1. INTRODUCTION

Saudi Arabia started the process of adopting a bold national vision for the Kingdom referred as Vision 2030 in 2016. While the Kingdom has had short- and medium-term national plans in the includina five-vear past. the National Development Plans that were started in the 1970s, there has never been a long-term plan implemented before. Saudi Vision 2030 is therefore exceptional, not only because of its length-more than 14 years-but also because of its many facets of prosperity and the anticipated revolutionary effects it would have on the community. It is seen as a more sophisticated national vision addresses themes of sustainability and well-being in addition to growth and infrastructural goals [1].

Built environment which is a part of Urban planning is mentioned as a discipline that works with the physical environment, even if Saudi Vision may also be thought of as a collection of policies. However, this field is not well defined. We may guickly select a specific objective that directly targets the urban landscape by improving the quality of life in cities when we examine the six primary goals of the Vision 2030. This objective has received more attention as a result of the "Quality of Life programme 2020," one of the 13 initiatives created to carry out the plan and further this effort. Through this programme it is aimed that the two holy cities and the capital Riyadh, KSA should come under top 100 cities of the world.

However, some objectives, like accommodating more pilgrims and tourists to the two holy mosques, which calls for the supply and administration of a wide range of technological and physical infrastructures, indirectly relate to the subject of urban planning. The other focuses effectiveness of enhancing the on the government machinery, which affects urban (local) governance. Given that land serves as the basis for human activity, it follows that urban planning with regard to land use constitutes the means of achieving development efforts.

As such, it is unquestionably inherent in the Saudi Vision 2030 in a way that necessitates further support and enhancement of efforts to enhance urban planning. This article addresses several themes and issues related to sustainable urban planning through the lens of built environment with special emphasis on the built environment related to land use, transport systems, urban design, and housing.

2. LITERATURE REVIEW

Owing to the topic's wide nature and the abundance of pertinent research, the review is a synthesis of the literature that provides a summary of the current state of knowledge. It is a comprehensive analysis of research constructs that the conceptual model should have. The review evaluated Peer-reviewed studies that were published in foreign journals were the main emphasis. This guaranteed a more manageable volume of literature for the review.

2.1 Riyadh: The Capital City and the Saudi Vision 2030

With an average yearly growth rate of around 8%, Riyadh is not just one of the world's newest capital cities but also one of the fastest expanding. (2003's Comprehensive Strategy Plan). Situated in the centre of the Najd Region, on the Najd Plateau, sits the city of Riyadh. Even though the City of Riyadh was just recently established, people have been residing in the area since around 2500 years ago. Historical records citing Hajar City, the capital of Al-Yamamah Region, which includes locations like Al-Aridh, Areed, Huta, Al Mahmal, Sadair, Aflaj, and Al-Kharj, have referenced Riyadh's location since 715 BC [2].

The government has historically given Saudi cities a lot of attention, as seen by the development of the country's physical infrastructure and promotion of urbanisation and built environment. However, as part of Saudi Vision 2030, cities will serve as a catalyst for massive experiments and interventions. Listing at least three Saudi cities (Riyadh is one of them) among the top 100 cities in the world for quality of life is the aim of the "Quality of Life programme 2020." and this unavoidably highlights the critical role that urban planning plays in this revolutionary age.

The profession of urban planning in Saudi Arabia is surrounded by a multitude of obstacles and is marked by a number of trends that will inevitably affect the continuing efforts to realise Vision 2030. In this context this research is essential and also acts as an interim report on the development and furtherance of Vision 2030, and enumerates what it has achieved till now by investigating the developments from the perspective of citizens.

The Map (Shown in Fig. 3) shows main built infrastructure like hospitals, airports, road transport, housing, shopping centres, museum, railway, Mosques, educational institutions etc. which majorly forms a built environment of the city. All of these infrastructures needs proper urban planning and built environment. In the coming sections the research will discuss the elements of urban planning and urban quality of life to assess the impact of built environment on end users quality of life.

The city of Riyadh is located in the north-eastern Najd area, which is home to the rocky plateau terrain in the middle of the Arabian Peninsula, at an elevation of around 1,950 feet (600 metres) above sea level. Its coordinates are 38° North and 43° East. The city is around 400 kilometres from Dammam on the Arabian Gulf and 950 km by road from Jeddah on the Red Sea. The summer months of April through September are often dry and hot in Riyadh, whereas the winter months of September through March are typically frigid. The average annual rainfall is between 10 and 20 millimetres, with winter lows as low as 15°C and summer highs of 45 Degree centigrade [1].

The city of Riyadh has around 5.2 million residents in the 2020 census; however, the ADA's Riyadh Household Survey estimated that number to be closer to 6.5 million. With an estimated yearly growth rate of 4%, Riyadh is the largest and one of the fastest growing cities in the Kingdom of Saudi Arabia, outpacing the projected 2.11% national average. In Riyadh, the average household size is expected to decrease from around 6.6 in the 2020 census to 5.7 in 2016. From around 4000 people per square kilometre in 2020 to roughly 4659 people per square kilometre [1].

2.2 Urban Planning

The allocation of land uses, the way the city grew, and its shape were all largely influenced by the urban plans. The allocation of land uses in the city of Riyadh was mostly determined by the first master plan, which was created by Doxiadis Associates Company. The majority of its suggestions were then validated in the second master plan, which was created by Cete. Nonetheless, the government's choices to build several massive projects at various points around the city have contributed in some way to the unchecked expansion of the metropolis in all directions. The land usage of the city is given as under in Fig. 3.

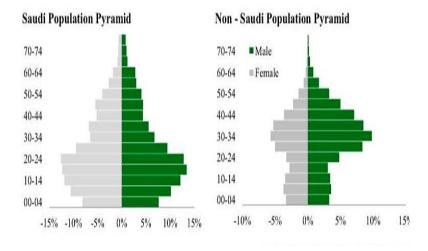
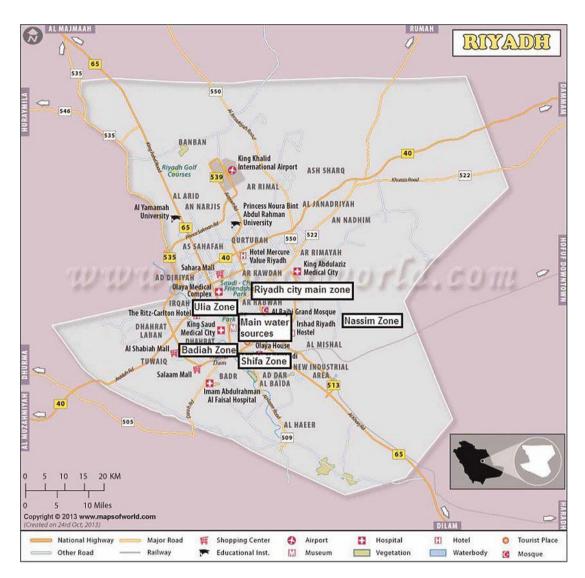


Fig. 1. Population pyramid for Riyadh (Saudi and Non- Saudi) Source: ADA household servey2020



Alharbi; J. Geo. Env. Earth Sci. Int., vol. 28, no. 4, pp. 53-66, 2024; Article no.JGEESI.114719

Fig. 2. Map of Riyadh City, Saudi Arabia Source: Alomran et al. [37].

The pandemic of the coronavirus illness (COVID-19) has also had a significant impact on nearly every city quality of life in the world. A better understanding of the connection between urban quality of life and the built environment can have a significant impact on how cities evolve today and, in the future, [3,4]. The body of knowledge in this domain is becoming significant and issue of research. An overview of measuring and analysing the connections between urban surroundings and quality of life was given by [5] In a review of the research, [6] proposed three ways in which the built environment might support health and well-being: via encouraging physical activity, fostering social cohesiveness within the community, and providing equal access to nutritious food. An overview of the primary factors that contribute to neighbourhood satisfaction was presented by [7]. These factors included open, natural, and green areas as well as safe and socially connected urban architecture. An overview of ideas and empirical data on how the physical environment may affect subjective well-being was presented by [8]. A conceptual framework elucidating the four channels by which the built environment at the neighbourhood scale may impact social interactions, leisure, health, and emotional experience was presented by [9, 10, 11].

According to [12], access, identity, safety, and involvement and engagement are the four factors that influence well-being in human settlements. More recently, [13] examined the data about urbanisation and health and proposed a series of measures to support sustainable urban growth and improve health: evidence-based policymaking, integrated planning, and policy implementation monitoring.

2.3 Research Objectives

However, there is currently a lack of knowledge on the entire spectrum of ways that the built environment may influence quality of life, or the individual assessment of quality of life [14]. By offering a fresh arrangement of the channels connecting the built environment to QoL and a summary of the current state of knowledge, the study aims to close these gaps. The paper's goals are to: (1) provide a conceptual model that arranges the pathways connecting the built environment to wellbeing (2) give a summary of analysis the empirical supporting these relationships; and (3) The results of this work may contribute to the literature on the built environment and quality of life by updating and improving it in the city of Riyadh.

The conceptual model of the review, which shows the connections between the built environment and quality of life, is presented in Section 2. A summary of the empirical work on the connections between constructs is provided in Section 3. In Section 4, the results are outlined, discussed, and concluding remarks are made.

2.4 Conceptual Framework

The conceptual model utilised for this research draws variables from built environment in the essential areas of human living (i.e., travel, leisure, work, residential well-being, and health). Urban quality of life has become increasingly important to a growing number of individuals residing in cities for work. Cities' physical attributes shift concurrently to make room for more people.

| The main use | Area km ² | Percentage% | |
|-----------------------------------|----------------------|-------------|--|
| Residential | 256.4 | 8.23% | |
| Commercial & Business Services | 43.2 | 1.39% | |
| Industrial | 25 | 0.80% | |
| Warehouses | 48.8 | 1.57% | |
| Health | 6.9 | 0.22% | |
| Education | 30.9 | 0.99% | |
| Cultural | 1.5 | 0.05% | |
| Recreation and parks | 46.9 | 1.51% | |
| Agricultural, mining | 64.42 | 2.07% | |
| Transport services | 19.8 | 0.64% | |
| Communications and utilities | 17 | 0.55% | |
| Government | 60.7 | 1.95% | |
| Other uses | 27.4 | 0.88% | |
| Roads | 471 | 15.12% | |
| Vacant land | 1995 | 64.04% | |
| Total | 3114.92 | 100.00% | |

Fig. 3. Showing Land Usage under different domains

UQOL = f (TR, WK, RWB, LR, HTH),

Where,

UQOL = Urban quality of life (Dependent construct).

TR = travel (Independent construct)

WK = Work (Independent construct)

LR = Leisure (Independent construct)

RWB = Residential well-being (Independent construct)

HTH = Health (Independent construct)

Formulae represents the suggested model on the routes connecting the built environment to Urban quality of life. By combining more recent empirical findings [15] with previous conceptual frameworks [16,17], the model was created analytically. This section provides a general overview of the model. The three components of urban quality of life were life satisfaction, wellbeing and eudemonia [17, 18]. Wellbeing is a trustworthy, scientific method of measuring changes in quality of life and has been adopted as a global public policy objective because it includes measurements of overall life evaluation and emotions at particular times [14,17,19].

The physical environment created by humans in which human activity takes place is referred to as the built environment [20-23]. Its parts can be arranged in many ways. Here, the categories of land use, transportation, urban planning, and housing are distinguished. The majority of the constructs which affect Quality of urban life correspond to living domains are included in this research [6, 11, 15].

Social well-being is influenced by all life domains [14, 18]. Although the model does not look at this reciprocal link, Additionally, life domains may have "spill-over effects" on one another [18]. Thus, all of the pathways in Fig. 1 are connected. To save complexity, these relationships are not depicted in the model; instead, they are discussed in the sections that follow.

According to various conceptualizations, they are seen as important life area [14,18]. Certain living areas, such civic responsibilities and rights, spirituality, and religion, are either left out of or not well represented by the conceptual paradigm. However, in the Saudi context it plays a significant role so they were separately regarded in this research. Sociodemographic features, psychological traits, and human values are additional factors that might impact SWB [14, 24, 25].

However, rather than acting as mediating channels, they are regulators of the relationship between the built environment and social wellbeing [25, 26, 27, 28]. As will be discussed below, each of the five routes found in this analysis represents a life domain that is impacted by the built environment in a unique way, sometimes overlapping.

3. RESEARCH HYPOTHESIS

On the basis of the literature in the domains of built environment and urban quality of life. Some hypotheses were framed and they are as under:

H1: Built environment relating to travel influence urban quality of life.

H2: Built environment relating to Leisure influence urban quality of life.

H3: Built environment relating to work influence urban quality of life.

H4: Built environment relating to residential well-being influence urban quality of life.

H5: Built environment relating to health influence urban quality of life.

4. MATERIALS AND METHODS

The questionnaire was drafted by taking into consideration the various measures of built environment from the literature as a independent constructs and the measures of urban quality of life as a dependent variables. The data was collected from the Saudi and non-Saudi citizens residing in the capital city of Riyadh. The survey method was used to collect the data from the respondents and the data was collected from the five regions mentioned in the map. The data was collected from 705 people, 506 were Saudi Nationals and the remaining were the immigrants working in the capital city of Riyadh. Female respondents were 32% of the total sample, all the respondents were chosen from the working class and they come from the diverse backgrounds, so that the generalisability of the findings can be implemented [29]. The profile of respondents is given as under:

| Description | Frequency | Percentage (%) |
|----------------------------------|-----------|----------------|
| Educational Qualification | | |
| Under Grads | 30 | 4.2 |
| Graduates | 302 | 42.8 |
| Other | 373 | 53.0 |
| Age | | |
| 20-35 | 130 | 18.4 |
| 35-40 | 241 | 34.1 |
| 40 and above | 334 | 46.5 |
| Gender | | |
| Males | 500 | 70.9 |
| Females | 205 | 29.1 |
| Income group (SAR) | | |
| 0-5000 | 107 | 15.1 |
| 5000-10000 | 230 | 32.6 |
| 10000-15000 | 289 | 40.9 |
| 15000 and above | 79 | 12.4 |
| Nationality | | |
| Saudi | 506 | 71.7 |
| Non-Saudi | 198 | 28.3 |
| Profession | | |
| Doctors | 103 | 14.9 |
| Engineers | 120 | 17.4 |
| Entrepreneurs | 230 | 32.6 |
| Corporate employees | 160 | 23.1 |
| Others. | 101 | 14.7 |

Table 1. Showing description of the respondents

5. RESULTS

The data was collected and it was ensured that the data was free from all kind of biases, moreover, it is ensured that the data should be normally distributed before going into final analysis. To ensure the normality of the data Skewness and Kurtosis values were obtained and it was found that the data collected was free from all kind of bias and normally distributed. For a normal distribution, the allowable limits for skewness and kurtosis are -2 and +2. for every variable [30]. The values are given as under in Table 2.

5.1 Measurement Model

Under structural model analysis, the analysis of measurement model is a significant step after ensuring the normality of the data, it is recommended that before proceeding for structural modelling, the measurement model should be assessed first [31, 32, 33]. Under measurement model the research look for the union dimensional reality of the items which makes the constructs, this can be ensured through factor analysis, for this research confirmatory factor analysis was employed as it is a superior method used for ensuring unidimensionality [33]. Secondly, the reliability of the skills was ensured through Cronbach's Alpha. Reliability refers to measuring that the scale should be reliable in all conditions. Finally, validity was ensured for all study scales. All these steps are now discussed in greater details:

5.2 Confirmatory Factor Analysis (CFA)

All the independent constructs are measured through some statements identified from the literature and discussed with academics and practitioners [34]. These refined statements intended to measure the independent constructs were included in the questionnaire. Under confirmatory factor analysis, the research tries to look that these items (statements) which are intended to measure a particular construct is really measuring that construct, this is known as unidimensionality. This can be assured if the path values from the items to the particular construct are more than 0.5 [34, 35]. After the conservatory factor analysis, it was found that all the items load on their respective scales with all the values were more than 0.5. (Refer Fig. 4).

5.3 Reliability

The scales utilise in this research were tested for reliability, to ensure the reliability a very popularly known technique was used known as Cronbach's alpha [36]. The Alpha value should be greater than 0.7 for all the study scales to qualify it as a reliable scale. The research scales utilise for this study qualifies this criterion and it was concluded that all the study scales were reliable (Hair et al, 2001).

Table 2. Showing normalcy of data

| Measures | Skewness | Kurtosis | |
|----------|----------|----------|--|
| TR | -0.455 | -2.12 | |
| WK | -0.555 | 0.566 | |
| LR | -0.675 | -0.344 | |
| RWB | 0.546 | 0.443 | |
| HTH | 0.455 | -0.786 | |
| UQOL | -0.675 | -0.546 | |

Table 3. Showing cronbach Alpha, t values and p-values

| Constructs | Cronbach Alpha (<0.7) | t-values (<1.96) | p-Values (>0.005) |
|------------|-----------------------|------------------|-------------------|
| TR | 0.7 | 2.45 | 0.000 |
| WK | 0.7 | 3.56 | 0.000 |
| RWB | 0.8 | 5.87 | 0.000 |
| LR | 0.7 | 2.55 | 0.000 |
| HTH | 0.8 | 6.78 | 0.000 |
| UQOL | 0.8 | 6.18 | 0.000 |

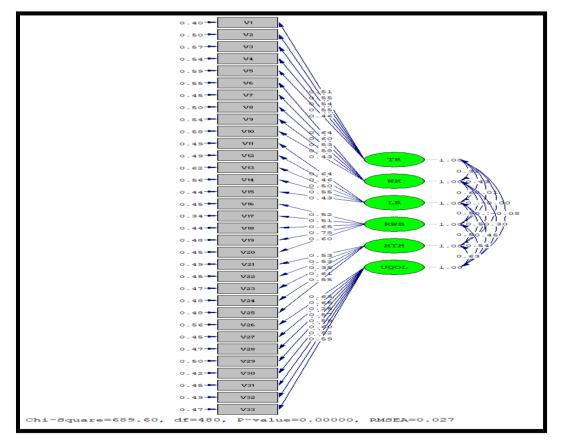


Fig. 4. Showing CFA for all scales

5.4 Validity

Validity refers to the idea that the skills utilised in the should measure the concepts for which they are intended to be designed. Under this research, convergent validity was utilised [38,39]. This implies that all the skills are different and measuring different themes but at the same time they should converge to the same concept from which they emerge [40]. To ensure conversion validity, T values were obtained and all the values were greater than 1.96, which is regarded as a threshold limit to assess convergent validity. The values are given as under.

5.5 Structural Model

Structural model being a model of relationships between independent and dependent variables in this research, the independent variables were built environment relating to housing, travel, leisure, health, and social well-being, as far as dependent variables are concerned, the dependent variable which is quality of life in the city of Riyadh was measured through two measures that is social well-being and resident satisfaction. All the skills were pre-tested for normality and measure model. The control variable such as age, gender, nature of citizenship, were found to be unrelated with the study constructs. Therefore, they were dropped from the final analysis. The structural model with independent and dependent variables was obtained and it was found that all the independent variables influence the urban quality of life and the measures under the umbrella of vision, 2030. Dedicated to maintaining social well-being and improved level of satisfaction among the residents of the capital city of Riyadh. The structural model was based on path values. On the basis of these path values, the hypothesis was accepted and rejected in this research. The structural model was given as under (refer Fig. 5).

The path value from TR to UQOL (-0.13) is insignificant, therefore H1 was not accepted [39], the path values from work to urban quality of life was (0.12) therefore, H2 was accepted, similarly, the influence of leisure on urban quality of life is significant with a path value of (0.2), H4 accepted as residential well-being was influenced (0.28) urban quality of life in the city of Riyadh. Similarly, the path value between health facilities and urban quality of life was observed implying hypothesis five as (0.43) was accepted.

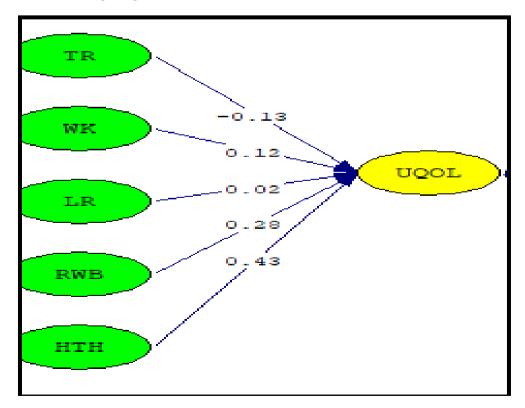


Fig. 5. Structural model

Table 4. Showing fit indices

| | GFI | Х ² | DF | AIC | CAIC | RMSEA |
|----|------|----------------|-----|---------|---------|-------|
| M1 | 0.86 | 1622.47 | 132 | 1108.84 | 2184.64 | 0.028 |

Table 5. Summary of research hypotheses

| S. No | Hypotheses | Decision |
|-------|--|--------------|
| 1. | H1: Built environment relating to travel influence urban quality of life. (Path value = -0.13) | Not Accepted |
| 2. | H2: Built environment relating to Leisure influence urban quality of life. (Path value = 0.02) | Accepted |
| 3. | H3: Built environment relating to work influence urban quality of life. (Path value = 0.12) | Accepted |
| 4. | H4: Built environment relating to residential well-being influence urban quality of life. (Path value = 0.28) | Accepted |
| 5. | H5: Built environment relating to health influence urban quality of life. (Path value = 0.43) | Accepted |

6. DISCUSSION

Through this research paper, a framework was developed to link built environment with urban quality of life of the citizens residing in the city of Riyadh, Saudi Arabia. The built environment was categorised into five main domains and each of the five domains was linked to urban quality of life through robust literature justifications present in the past researches [41-48].

The findings suggest that Built environment relating to travel does not influence quality of life of the residents, this can be attribute to the fact that many of the respondents uses public transport therefore were not exposed to travel built environment, therefore they do not perceive the significance of travel environment. The findings regarding leisure, work, residential wellbeing and health facilities were found to be significantly influencing the quality of life. Built environment relating to health influence the most, this can be attributed to the fact that the city of Riyadh is well developed in terms of health facilities and infrastructure. This is well documented in the literature [49], Residential well-being impacts UQOL the most after health facilities, this can be attribute to the fact that most of the respondents were immigrants coming from under developed or developing nations, therefore they perceive housing facilities as a major determinant of UQOL. This is in line with [50, 55, 56, 57]. Leisure influences the least when it comes to UQOL, this is because the respondents does not find time to observe or experience leisure-built environment such as "a visit to a mall, airport, etc.". this can be

corroborated from the research conducted by [51, 57, 58].

Future empirical work can be developed in the light of the conceptual model and the comprehensive literature review offered by this robust empirical analysis. This research study also contributes to urban planning, practice and research by providing evidence based future research, directions to the practitioners, policymaker and the people trusted with decision making in the activities related to Saudi vision 2030.

7. CONCLUSIONS

All the research hypothesis were accepted except H1, which implies that all the domains of built environment taken in this study influences urban quality of life. The infrastructure relating to health facilities influences the most to the urban quality of life, and the built environment relating to leisure such as community centres etc. Impacted the least as far as urban Quality of life of the citizens is concerned. However, the built infrastructure relating to travel does not influence urban quality of life can be attributed to the fact that most of the respondents use their own vehicles to commute in the city and does not give much attention to other modes of transportation [52, 53, 54]. Therefore, it is observed that travelbuilt environment does not impact urban quality of life of the citizens in the city of Riyadh.

The research may also serve as theoretical and methodological guidelines for future empirical studies. In addition to its contribution to science, in order to assist practitioners, policy makers, and decision makers working on urban planning concerns for the Vision 2030, This document offers recommendations on techniques for urban planning. By making improvements to the most important life domains (related to travel, leisure, work etc.) through the built environment, it seeks to further link these items with the standard of living in the city. The valid and reliable scale developed in this research can be utilised in future researches.

COMPETING INTERESTS

Author has declared that no competing interests exist.

REFERENCES

1. Ministry of Municipal and Rural Affairs. King Fahd national library cataloging-inpublication data ministry of municipal and rural affairs CPI profile Jeddah. / Ministry of municipal and rural affairs .- Riyadh; 2019.

ISBN: 978-603-8279-45-8, 1- City planning - Jeddah I-Title, 309.2625314 dc 1440/8356 L.D. no. 1440/8356, ISBN: 978-603-8279-45-8

- Adkins A, Dill J, Luhr G, Neal M. Unpacking walkability: Testing the influence of urban design features on perceptions of walking environment attractiveness. Journal of Urban Design. 2012;17(4):499–510. Available:https://doi.org/10.1080/ 13574809.2012.706365
- Capolongo S. COVID-19 lockdown: Housing built environment's effects on mental health. International Journal of Environmental Research and Public Health. 2020;17(16). Available:https://doi.org/10.3390/ijerph171 65973
- Marans RW. Understanding environmental quality through quality of life studies: The 2001 DAS and its use of subjective and objective indicators. Landscape and Urban Planning. 2003;65(1–2):73–83. Available:https://doi.org/10.1016/s0169-2046(02)
- Kent JL, Thompson S. The three domains of urban planning for health and wellbeing. Journal of Planning Literature. 2014;29(3): 239–256. Available:https://doi.org/10.1177/ 0885412214520712

 Pfeiffer D, Cloutier S. Planning for happy neighbourhoods. Journal of the American Planning Association. 2016;82(3):267– 279. Available:https://doi.org/10.1080/

01944363.2016.1166347

- Wang F, Wang D. Place, geographical context and subjective well-being: State of art and future directions. In Mobility, sociability and well-being of urban living. Berlin: Springer. 2016;189–230.
- Engemann K, Pedersen CB, Arge L, Tsirogiannis C, Mortensen PB, Svenning JC. Residential green space in childhood is associated with lower risk of psychiatric disorders from adolescence into adulthood. Proceedings of the National Academy of Sciences. 2019;116(11):5188. Available:https://doi.org/10.1073/ pnas.1807504116
- Mouratidis K. Built environment and social well-being: How does urban form affect social life and personal relationships? Cities. 2018a;74:7–20. Available:https://doi.org/c10.1016/j.cities.2 017.10.020
- Shekhar H, Schmidt AJ, Wehling HW. Exploring wellbeing in human settlements -A spatial planning perspective. Habitat International. 2019;87:66–74. Available:https:// doi.org/10.1016/j.habitatint.2019.04.007
- Tonne C, Adair L, Adlakha D, Anguelovski I, Belesova K, Berger M, Adli M. Defining pathways to healthy sustainable urban development. Environment International. 2021;146:106236. Available:https://doi.org/10.1016/j.envint.20 20.106236
- Diener E, Oishi S, Tay L. Advances in subjective well-being research. Nature, Human Behaviour. 2018;2(4):253–260. Available:https://doi.org/10.1038/s41562-018-0307-6
- Mouratidis K. Commute satisfaction, neighborhood satisfaction, and housing satisfaction as predictors of subjective well-being and indicators of urban livability. Travel Behaviour and Society. 2020a;21: 265–278. Available:https://doi.org/10.1016/j.

tbs.2020.07.006

- OECD. OECD guidelines on measuring subjective well-being. Washington, DC: OECD Better Life Initiative; 2013.
- 15. Sirgy MJ. The psychology of quality of life: Hedonic well-being, life satisfaction, and

eudaimonia. Dordrecht: Springer Science and Business Media. 2012;50.

- Veenhoven R. Happiness: Also known as "life satisfaction" and "subjective wellbeing". In. Land KC, Michalos AC, Sirgy MJ. (Eds.), Handbook of social indicators and quality of life research Dordrecht: Springer Netherlands. 2012;63–77.
- 17. De Vos J. Analysing the effect of trip satisfaction on satisfaction with the leisure activity at the destination of the trip, in relationship with life satisfaction. Transportation. 2019;46(3):623–645.
- De Vos J, Schwanen T, Van Acker V, Witlox F. Travel and subjective well- being: A focus on findings, methods and future research needs. Transport Reviews. 2013;33(4): 421–442. Available:https://doi.org/10.1080/01441647 .2013.815665
- De Vos J, Schwanen T, Witlox F. The road to happiness: From obtained mood during leisure trips and activities to satisfaction with life. In Paper presented at the 2017 World symposium on Transport and Land Use Research (WSTLUR); 2017.
- De Vos J, Witlox F. Travel satisfaction revisited. On the pivotal role of travel satisfaction in conceptualising a travel behaviour process. Transportation Research Part A: Policy and Practice. 2017; 106:364–373. Available:https://doi.org/10.1016/j. tra.2017.10.009
- Anderson J. "Living in a communal garden" associated with well-being while reducing urban sprawl by 40%: A mixed-methods cross-sectional study. Frontiers in Public Health. 2015;3(173). Available:https://doi.org/10.3389/fpubh.201 5.00173
- 22. Diener E. The science of well-being: The collected works of Ed Diener. Dordrecht: Springer; 2009.
- Anderson J, Ruggeri K, Steemers K, Huppert F. Lively social space, well- being activity, and urban design: Findings from a low-cost community-led public space intervention. Environment and Behavior. 2017;49(6):685–716. Available:https://doi.org/ 10.1177/0013916516659108
- 24. Ballas D, Tranmer M. Happy people or happy places? A multilevel modelling approach to the analysis of happiness and well-being. International Regional Science Review. 2012;35(1):70–102.

Available:https://doi.org/10.1177/01600176 11403737

25. Jokela M, Bleidorn W, Lamb ME, Gosling SD, Rentfrow PJ. Geographically varying associations between personality and life satisfaction in the London metropolitan area. Proceedings of the National Academy of Sciences. 2015;112(3):725– 730.

Available:https://doi.org/10.1073/pnas.141 5800112

- 26. Morrison PS, Weckroth M. Human values, subjective well-being and the metropolitan region. Regional Studies. 2017;1–13. Available:https://doi.org/10.1080/ 00343404.2017.1331036
- 27. Ismail AR. The influence of perceived social media marketing activities on brand loyalty, Asia Pacific Journal of Marketing and Logistics. 2017;29(1):129-144.
- 28. Malhotra NK, Dash S. Marketing research an applied orientation. London: Pearson Publishing; 2012.
- 29. Henson RK. Roberts JK. Use of exploratory factor analysis in published research: Common errors and some comment on improved practice. Educational and Psychological Measurement. 2006;66(3): 393-416. Available:https://doi.org/10.1177/00131644 05282485
- 30. Cascio WF, Aguinis H. Research in industrial and organizational psychology from 1963 to 2007: Changes, choices, and trends. Journal of Applied Psychology. 2008;93(5):1062–1081. Available:https://doi.org/10.1037/0021-9010.93.5.1062)
- Anderson JC, Gerbing DW. Structural equation modeling in practice: A review and recommended two-step approach, Psychological Bulletin. 1988; 103(3): 411-423.
- Hair JFJ, Hult GTM, Ringle CM, Sarstedt M. A primer on partial least squares structural equation modeling (PLS-SEM), 2nd ed., Sage Publications, Thousand Oaks; 2017.
- Hair JFJ, Hult GTM, Ringle C, Sarstedt M. A Primer on Partial Least Squares Structural Equation Modeling (PLS-SEM), Sage Publications, Thousand Oaks; 2014.
- 34. Vaillant GE. Triumphs of experience: The men of the Harvard Grant Study. Cambridge, MA: Harvard University Press; 2012.

- Boessen A, Hipp JR, Butts CT, Nagle NN, Smith EJ. The built environment, spatial scale, and social networks: Do land uses matter for personal network structure? Environment and Planning B: Urban Analytics and City Science. 2018;45(3): 400–416. Available:https://doi.org/10.1177/23998083
- 36. Campbell A, Converse PE, Rodgers WL. The quality of American life: Perceptions, evaluations, and satisfactions. New York: Russell Sage Foundation; 1976.

17690158

- Alomran, Abdulrasoul, Al-Barakah, Fahad, Altququ A, Aly, Anwar, Nadim, Mahmoud. Drinking water quality assessment and water quality index of Riyadh, Saudi Arabia. Water Quality Research Journal of Canada. 2015;50:287-296. DOI: 10.2166/waric.2015.039
- Campbell DT, Fiske DW. Convergent and discriminant validation by the multitrait multimethod matrix. Psychological Bulletin. 1959;56:81-105.
- 39. Jo[°]reskog K, So[°]rbom D, LISREL 8.53: User's Reference Guide, Scientific Software International, Chicago, IL; 2002.
- Hamidi S, Ewing R, Tatalovich Z, Grace JB, Berrigan D. Associations between urban sprawl and life expectancy in the United States. International Journal of Environmental Research and Public Health. 2018;15(5). Available:https://doi.org/10.3390/

ijerph15050861

- 41. Jyoti Yadav, Niruti Gupta IOP Conf. Ser.: Earth Environ. Sci. 796 012032; 2021.
- Becerik-Gerber B, Lucas G, Aryal A, Awada M, Bergés M, Billington SL, Boric-Lubecke O, Ghahramani A, Heydarian A, Jazizadeh F, et al. Ten questions concerning human-building interaction research for improving the quality of life. Build. Environ. 2022; 226:109681.
- Wesz JGB, Miron LIG, Delsante I, Tzortzopoulos P. Urban quality of life: A systematic literature review. Urban Sci. 2023;7:56. Available:https://doi.org/10.3390/ urbansci7020056
- 44. Ettema D, Friman M, arling GT, Olsson LE. Travel mode use, travel mode shift and subjective well-being: Overview of theories, empirical findings and policy implications. In D. Wang, and S. He (Eds.), Mobility, sociability and well-being of urban

living. Berlin, Heidelberg: Springer Berlin Heidelberg. 2016;129–150.

- Ettema D, arling GT, Olsson LE, Friman M. Out-of-home activities, daily travel, and subjective well-being. Transportation Research Part A: Policy and Practice. 2010; 44(9):723–732. Available:https://doi.org/10.1016/j.tra.2010. 07.005
- Cloutier S, Berejnoi E, Russell S, Ann Morrison B, Ross A. Toward a holistic sustainable and happy neighborhood development assessment tool: A critical review of relevant literature. Ecological Indicators. 2018;89:139–149. Available:https://doi.org/

10.1016/j.ecolind.2018.01.055

- 47. Cosby AG, McDoom-Echebiri MM, James W, Khandekar H, Brown W, Hanna HL. Growth and persistence of place-based mortality in the United States: The rural mortality penalty. American Journal of Public Health. 2019;109(1):155–162. Available:https://doi.org/10.2105/AJPH.201 8.304787
- Mouratidis K. Is compact city livable? The impact of compact versus sprawledcneighbourhoods on neighbourhood satisfaction. Urban Studies. 2018b;55(11):2408–2430. Available:https://doi.org/10.1177/00420980 17729109
- 49. Mouratidis K. Rethinking how built environments influence subjective wellbeing: A new conceptual framework. Journal of Urbanism: International Research on Placemaking and Urban Sustainability. 2018c;11(1):24–40. Available:https://doi.org/10.1080/ 17549175.2017.1310749
- Mouratidis K. Built environment and leisure satisfaction: The role of commutebtime, social interaction, and active travel. Journal of Transport Geography. 2019a;80:102491. Available:https://doi.org/10.1016/j.jtrangeo. 2019.102491
- 51. Mouratidis K. Compact city, urban sprawl, and subjective well-being. Cities. 2019b;92: 261–272. Available:https://doi.org/10.1016/j.cities.20 19.04.013
- 52. Mouratidis K. The impact of urban tree cover on perceived safety. Urban Forestry and Urban Greening. 2019c;44:126434. Available:https://doi.org/10.1016/j. ufug.2019.126434

- 53. Mouratidis Κ. Neighborhood characteristics. neighborhood satisfaction. well-being: The links with and neighborhood deprivation. Land Use Policy. 2020b;99:104886. Available:https://doi.org/10.1016/j.landusep ol.2020.104886
- Mouratidis K, Ettema D, Næss P. Urban form, travel behavior, and travel satisfaction. Transportation Research Part A: Policy and Practice. 2019;129: 306–320. Available:https://doi.org/10.1016/j.tra.2019.

09.002
55. Mouratidis K, Hassan R. Contemporary versus traditional styles in architecture and public space: A virtual reality study with

360-degree videos. Cities. 2020;97: 102499. Available:https://doi.org/10.1016/j.cities.20 19.102499 56. Van den Berg M, Wendel-Vos W, Van Poppel M, Kemper H, Van Mechelen W, Maas J. Health benefits of green spaces in the living environment: A systematic review of epidemiological studies. Urban Forestry and Urban Greening. 2015;14(4):806–816. Available:https://doi.org/10.1016/j.ufug.201 5.07.008

57. Chatterjee K, Chng S, Clark B, Davis A, De Vos J, Ettema D, Reardon L. Commuting and wellbeing: A critical overview of the literature with implications for policy and future research. Transport Reviews. 2020; 40(1):5–34. Available:https://doi.org/10.1080/

01441647.2019.1649317

 Clark B, Chatterjee K, Martin A, Davis A. How commuting affects subjective wellbeing. Transportation; 2019. Available:https://doi.org/10.1007/s11116-019-09983- 9

© Copyright (2024): Author(s). The licensee is the journal publisher. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Peer-review history: The peer review history for this paper can be accessed here: https://www.sdiarticle5.com/review-history/114719